

Eat and drink, but waste not by excess (Al-A'raf 31) Banu Atabay's Mütevazı Lezzetler® Turkish cooking recipes

Winter Salad

Kış Salatası



Winter Salad (Kış Salatası)

1 carrot

1 radish

3 red cabbage leaves

3 lettuce leaves
3 the olive oil
2 the vinegar or lemon juice
1 tsp salt

- # Peel the carrot and the radish, grate thickly into separate plates.
- # Wash the red cabbage and lettuce well, drain, slice finely.
- # Adjoin the radish, carrot, lettuce and cabbage.
- # Pour the mixture of the olive oil, vinegar and salt all over.

Note: You should make this salad just before eating.