



Eat and drink, but waste not by excess (Al-A'raf 31)
Banu Atabay's Mtevaz Lezzetler® Turkish cooking recipes

Chickpea Salad

Nohut Salatas



1 cup chickpea
6 green onions
3 tomatoes
5 long green pepper
2 tbsp olive oil
1 tsp salt
Juice of a lemon
Parsley

- # Boil chickpea, cool down.
- # Add finely sliced green onions, tinny chopped tomatoes and peppers.
- # Mix well, and pour the mixture of lemon, oil and salt all over them.
- # Sprinkle the finely sliced parsley on the salad.
- # Rest it in fridge for a while and then serve.

Note: You can use onion instead of green onions in this recipe.