

Eat and drink, but waste not by excess (Al-A'raf 31)
Banu Atabay's Mütevazı Lezzetler® Turkish cooking recipes

Wedding Pilaf Düğün Pilavı



2 cups rice
1.10 pounds lamb cubes
2 medium onions
1/3 cup sultana
1 cup chickpeas
1 tbsp butter
5 tbsp vegetable oil
1 + 1/2 tsp salt
1 tsp black pepper
2+1/2 - 3 cups broth

Boil lamb cubes and chickpeas in separate pots. Rest the rice in hot salty water for an hour.

Put butter and vegetable oil into a pot. When the butter melts, add diced onions, 1/2 tsp salt and black pepper in it. Roast until the onion dries totally.

Turn the heat to low. Add boiled lamb cubes, chickpeas and sultana onto roasted onions. And then, sauté the mixture for a while.

Add the rice which is rested in water and then washed a few times for removing the starch over them, into the mixture, do not stir the mixture.

Add 1 tsp salt and about 3 cups of broth onto the rice charily.

Cover the lid of the pot. Firstly cook the pilaf over medium heat for 5 minutes, then cook it over low heat for 17 minutes. Place a paper towel between the pot and its lid, and rest the pilaf for half an hour.

At the end of the resting time, reverse the pot over a big flat service plate and serve it hot.

Note: It is advised to a pot which has oval layer, for cooking wedding pilaf.