

Eat and drink, but waste not by excess (Al-A'raf 31)
Banu Atabay's Mütevazı Lezzetler® Turkish cooking recipes

Pilaf with Quince

Ayvalı Pilav



2 chicken thighs

1 big guince

1 big onion

2 cups rice

6 tbsp olive oil

1 tsp cinnamon

1 tsp granulated sugar

2 tsp salt

2 + 1/2 cups chicken broth

Place the chicken thighs into a pot, add water until it covers the thighs, cook until the thighs soften.

Clean the rice, rest it in the hot water which contains 1 tsp lemon juice and 1 tsp salt also for half an hour at least. At the end of the resting time, wash he rice until the starch over the rice goes away.

Put the olive oil into a pot, add finely chopped onion and peeled and diced quince in it, without heating the oil. # Place the pot over medium heat, roast it until the onion softens.

Add the rice onto it, and roast it for 5 minutes. Add the picked chicken thighs in it, and sauté the mixture for a while.

Add salt, cinnamon and granulated sugar into the mixture, stir the mixture gently without breaking the rice, then add $2 + \frac{1}{2}$ cups of chicken broth in it.

Cover the lid of the pot. Cook it over medium heat for 10 minutes, and then cook it over low heat for 10 minutes. (20 minutes total.)

Cover the pilaf and rest it for half and hour. Then stir it gently, serve it hot.

Note: Amorphous guinces are advised for cooking this pilaf.