



Eat and drink, but waste not by excess (Al-A'raf 31)
Banu Atabay's Mütevazı Lezzetler® Turkish cooking recipes

Lentil Soup with Noodles

Eriřteli Mercimek orbası



1 + 1/2 cups green lentil
8 tbsp vegetable oil
1 + 1/2 cups noodle
2 onions
2 tsp salt
7 cups water
1 bouillon cube

- # Boil the noodles at first.
- # Boil the green lentils with 1 onion in a separate pot.
- # Wash the noodles with cold water for a while.
- # Dice the remaining onion, and roast it with oil until it turns to pink.
- # Add the noodles and lentils on it, mix.
- # Finally, add hot water, salt and bouillon cube and boil for a few seconds.
- # Serve hot.

Note: You can add 3.5 ounces ground meat with onion if you want.