



Eat and drink, but waste not by excess (Al-A'raf 31)  
Banu Atabay's Mutevazi Lezzetler® Turkish cooking recipes

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## Honey Sherbet

Bal Şerbeti



1 cup cold water  
2 tbsp honey

- # Fill half of the cup with cold water.
- # Add the honey in it, and mix it until the honey dissolves in the cold water.
- # When the honey dissolves in the cold water totally, fill the remaining part of the cup with cold water.
- # Drink it in a short time.

Note: If you want to prepare more honey sherbet, blending the mixture is advised.