



Eat and drink, but waste not by excess (Al-A'raf 31)
Banu Atabay's Mütevazı Lezzetler® Turkish cooking recipes

Water Puding

Su Muhallebisi



1 + 1/2 cup water
A few less than 1/2 cup wheat starch
2 tbsp flour
2 cup milk
3 tbsp granulated sugar
1 cup castor sugar
1/3 cup rose water

- # Put flour, water, milk and sugar in a pot.
- # Cook until it takes a transparent view over low heat.
- # Pour the mixture in a little watery bowl.
- # Rest a night in fridge's lower shelf.
- # Cut into squares when you serve.
- # Pour a few rose water on it and sprinkle some castor sugar.

Note: You can spread some milk and then rose water and castor sugar.