



Eat and drink, but waste not by excess (Al-A'raf 31)  
Banu Atabay's Mutevazi Lezzetler® Turkish cooking recipes

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## Water Puding

Su Muhallebisi



1 + 1/2 cup water  
A few less than 1/2 cup wheat starch  
2 tbsp flour  
2 cup milk  
3 tbsp granulated sugar  
1 cup castor sugar  
1/3 cup rose water

- # Put flour, water, milk and sugar in a pot.
- # Cook until it takes a transparent view over low heat.
- # Pour the mixture in a little watery bowl.
- # Rest a night in fridge's lower shelf.
- # Cut into squares when you serve.
- # Pour a few rose water on it and sprinkle some castor sugar.

**Note:** You can spread some milk and then rose water and castor sugar.