

Eat and drink, but waste not by excess (Al-A'raf 31) Banu Atabay's Mütevazı Lezzetler® Turkish cooking recipes

Fried Anchovies

Hamsi Tava



17.6 ounces anchovies 1/2 cup corn flour 1 tbsp salt 7 tbsp vegetable oil

- # Clean the anchovies wash and drain.
- # Coat the anchovies with salt flour mixture.
- # Place anchovies on the skillet, get the caudal fins in the middle of the skillet by this way they will get flower shape.
- # Spread oil on them. Put the skillet over high heat, when their lower sides gets fried, reverse the other sides by using a plate, be careful to keep its shape while reversing.
- # When the other sides also gets fried put on the plate, protect its shape.

Note: If you don't have corn flour, you can flour instead of it.