



Eat and drink, but waste not by excess (Al-A'raf 31)
Banu Atabay's Mutevazi Lezzetler® Turkish cooking recipes

Beefsteak Kofte

Biftek Köfte



17.6 ounces ground meat
1 onion, so small size
1/2 tsp black pepper
1 tsp salt

- # Knead the mixture of ground meat, grated onion, black pepper and salt for about 5-10 minutes.
- # Roll this meatballs mix for getting a cylinder shape.
- # Place into the freezer.
- # Get from the freezer when the mix hardens a little bit.
- # Slice into pieces which have 1/2 thickness.
- # Grill them.
- # Garnish with sliced onion and serve.

Note: We did not use stale bread. Because of that, it will have the taste of beefsteak.