

Eat and drink, but waste not by excess (Al-A'raf 31) Banu Atabay's Mütevazı Lezzetler® Turkish cooking recipes

Gaziantep Salad Antep Salatası



3 medium size tomatoes 2 long peppers 1 red pepper 1 onion 1 garlic clove Half bunch parsley 7-8 leaves of mint 1 tsp salt For Upper Side: 2 tbsp pomegranate syrup 2 tbsp water 1/2 tsp dried mint 1/2 tsp sumac 1/2 flaked red pepper

Dice the onion into small pieces and knead these pieces with salt to soften them. Transfer them into a bowl. # Add small tomato pieces, small parsley pieces, fresh mint, red and long pepper pieces into the bowl. Mix it.

Mix pomegranate syrup with water, dried mint, sumac and red pepper in another bowl. Then, pour this sauce all over the salad.

You may serve the salad half an hour later.

Note: At the traditional Gaziantep Salad, oil is not added especially.