



Eat and drink, but waste not by excess (Al-A'raf 31)  
Banu Atabay's Mütevazı Lezzetler® Turkish cooking recipes

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## Pineapple Jam

Ananas Reçeli



1 fresh pineapple  
1 + 1/2 cups of sugar  
1 cup water  
1 lemon

# Pour the sugar and water into the pot. Cook it over medium heat until the sugar dissolves in the mixture.  
# Add chopped pineapple. Cook it over medium heat for about 20 minutes.  
# Finally add lemon juice. Cook it for about 5-6 minutes more. Then, remove the pot from the stove. Cool the jam in the pot and fill into the jars. Do not forget to cover the cap of the jar firmly.

Not: Pineapple is advised to empower the memory.