



Eat and drink, but waste not by excess (Al-A'raf 31)  
Banu Atabay's Mütevazı Lezzetler® Turkish cooking recipes

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## Egg With Yogurt

Çılbır



4 eggs  
4 tbsp vinegar  
1 cup yogurt  
3 garlic cloves  
1 tbsp vegetable oil  
1 tsp salt  
1/2 tsp crushed red pepper

# Pour about 3-4 cup water in a pot, and add vinegar and salt, and boil.  
# Break the eggs on the boiling water.  
# When the eggs come together take them by the help of a slotted spoon by draining.  
# Pour the mixture of sliced garlic and yogurt on the eggs, spread red-hot oil, and sprinkle crushed red pepper.  
# Serve.

**Note:** You must add vinegar certainly. Vinegar provides the eggs don't disband.