Eat and drink, but waste not by excess (Al-A'raf 31)
Banu Atabay's Mütevazı Lezzetler® Turkish cooking recipes

Turlu Pickle

Türlü Turşusu



2.20 pounds cucumber

1.10 pounds long green pepper

1.10 pounds tomato

15-20 green beans

2 unripe melons

2 cup vinegar

4 tbsp salt

1 tbsp lemon salt

4-5 parsley stems

1 + 1/2 garlic bulbs

- # Cut off the ends of the green beans, par-boil in salt water.
- # Wash the other ingredients, and cut all the ingredients into the same sizes, boiled green beans too.
- # Place the ingredients into a jar by placing pounded garlic between them.
- # Pour the vinegar into the jar and then fill the space with water.
- # Pour the mixture of vinegar and water into a deep bowl, add salt and lemon salt, mix well.
- # Fill this mixture into the jar again.
- # After filling the mixture, wait over night without covering the cap for getting out the air in the jar.
- # The day after place the parsley stems on the top and cover the cap hard.
- # You can serve about 1 month later.

Note: You can add vegetables of the season which you are making the pickle, as carrot, cabbage, etc. in this pickle.