



Eat and drink, but waste not by excess (Al-A'raf 31)
Banu Atabay's Mütevazı Lezzetler® Turkish cooking recipes

Fried Anchovies

Hamsi Tava



17.6 ounces anchovies
1/2 cup corn flour
1 tbsp salt
7 tbsp vegetable oil

Clean the anchovies wash and drain.

Coat the anchovies with salt flour mixture.

Place anchovies on the skillet, get the caudal fins in the middle of the skillet by this way they will get flower shape.

Spread oil on them. Put the skillet over high heat, when their lower sides gets fried, reverse the other sides by using a plate, be careful to keep its shape while reversing.

When the other sides also gets fried put on the plate, protect its shape.

Note: If you don't have corn flour, you can flour instead of it.