



Eat and drink, but waste not by excess (Al-A'raf 31)  
Banu Atabay's Mütevazı Lezzetler® Turkish cooking recipes

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## Paper Kebab with Vegetables

Sebzeli Kağıt Kebabı



28 oz lamb cubes  
1 onion  
1 potato  
1 carrot  
1 tomato  
1 cup canned green peas  
3 tbsp vegetable oil  
1 tsp oregano  
1 tsp salt

- # Peel away the vegetables and chop them.
- # Put the meat, vegetable cubes, oil, green peas, salt and oregano into a mixing bowl. Mix them.
- # Prepare 6 grease-proof papers those have service plate size.
- # Divide the prepared mixture onto the middle of those 6 papers. Then cover those mixtures over the paper by the non kebab places parts of those papers. Twist the ends of the papers to close them.
- # Make a small cut at each packaged paper by a knife.
- # Place those kebab packages into the baking tray. Place the tray into the oven which is preheated to 375 F and cook them for 50 minutes at least.

Note: If you do not make a cut at the packaged papers, the packages may lose their shape during the cooking.