



Eat and drink, but waste not by excess (Al-A'raf 31)
Banu Atabay's Mutevazi Lezzetler® Turkish cooking recipes

Omelette with Tomatoes

Domatesli Omlet



4 tomatoes
4 eggs
3 tbsp vegetable oil
1/2 tsp black pepper
1 tsp salt
2-3 stems of parsley

- # Peel the tomatoes, cut into hazelnut sized pieces.
- # Break the eggs into a deep bowl and add black pepper, whisk the eggs until get a smooth mixture.
- # Put the oil on a pan, when the oil gets hot add the tomatoes.
- # When the tomatoes get par cooked add the whisked eggs, mix.
- # Cook over medium heat until it reaches to the right consistency.
- # Sprinkle finely sliced parsley all over after removing the pan from the stove.

Note: You should not use so ripe and juicy tomatoes while cooking this recipe.